

## **PRE & POST TREATMENT PREPARATION CHECKLIST**

The Pest Interceptors are extremely proud of their high success rate for getting rid of bed bugs in just one treatment, compared to their competitors.

Please do not underestimate how difficult it is to get rid of bed bugs! We need to work together, as a team, to conquer these horrible pests. The work you do before and after our bed bug treatment is just as important as the actual treatment itself.

Please work through this checklist in a chronological order, start at the start and work your way through each step as thoroughly as you can. Do not be tempted to omit a step, it could be that step that gets rid of that last pregnant bed bug!

It is, sometimes, the little things that can make all the difference between success and failure when it comes to bed bugs. That said, the Pest Interceptors are super successful when it comes to treating a bed bug infestation, this is partly due to the checklist list you are going to work through, but also, the state of the art chemicals and technology we use. We need you to work through the checklist as diligently as you can. Do not cut corners. Let's do this, together, as a team. Let's get you bed bug free!!!

### **PRE-TREATMENT (BEFORE WE COME TO DO OUR MAGIC)**

1. DO NOT use any bed bug treatments or insecticidal smoke bombs, powders, sprays, aerosols, etc. after you begin this checklist. DO NOT use them after we have carried out the treatment either. These chemicals can cross contaminate with our chemicals and cause them to fail. Just trust in our state of the art systems to do what is needed.
2. DO remove all bed sheets, duvet covers, pillow cases, valance sheets, etc. from beds and wash at 60 degrees C or higher if possible. If this is not possible, dry clean them. If this is not possible, bag them up and put them in a freezer for 3 days. If none of these are possible, buy new.
3. DO the same as section 2 with any clothing, towels, throws, soft toys, textiles, etc., that have been on the floor.
4. DO remove drawers from divan beds. You must empty these and do the procedures listed in section 2 with the contents.
5. DO remove mattresses from bed bases and stand them against the wall.
6. DO remove headboards from beds and separate the base sections of beds.

7. DO turn over divan bed bases, that have no drawers, and remove the black plastic sheeting from underneath. This is so we can spray inside the bed.
8. DO remove and clean (as in section 2) all contents of bedroom cabinets, chests of drawers, cupboards, wardrobes and bedside tables.
9. DO remove and clean items from inside the storage space inside sofas. (As in section 2.)
10. DO put all cleaned (as in section 2) items inside sealed plastic bags to be put back where they came from after the treatment is carried out.
11. DO remove all items littering the floor.
12. DO pull all furniture away from walls by a distance of 150mm/6 inches.
13. DO unplug all electrical items such as T.V.s and computers and tidy cables.
14. DO vacuum all floors, mop or sweep hard floors. THIS IS VERY IMPORTANT TO DO THIS THOROUGHLY!!! It is so important we have repeated it below!
15. VACUUMING - this is extremely important. Make sure that you thoroughly vacuum all floors, including hard floors, as well as carpets and rugs. You must vacuum all dust and debris off floors and in any cracks and crevices. Dust and debris will compromise the effectiveness of the chemicals we use. Use the vacuum nozzle attachments to get into any nooks and crannies, for example, cracks and gaps around skirting boards, the gaps between bare floorboards, down the sides of sofa cushions, basically anywhere a bed bug can get to and to lay eggs needs to be vacuumed. You will also need to vacuum behind the furniture you have pulled away from the walls and also under beds and sofas.
16. DO remember to empty the vacuum bag, or contents of the vacuum, into a sealed bag and then into an outside bin.
17. DO feel overjoyed that you have now completed the hard work. It is now time for your Pest Interceptors bed bug technician to do their magic and to treat your premises.

## **POST-TREATMENT:**

1. Surfaces and floors are safe once they are touch dry. Please be very careful with pets such as cats and dogs as they can absorb chemicals through their paw pads, so just make sure that carpets are all completely dry before letting cats and dogs back in the property.
2. DO NOT panic if you see the occasional bed bug during the 3 week period after treatment. It is all part of the process.
3. DO NOT vacuum or mop floors for a minimum of 3 weeks!!! Even if you haven't seen a bed bug from the day we treated the property, DO NOT get tempted to vacuum!!! Bed bugs do not feed every day, so we need to wait for them to come out from their hiding places to get the chemicals on them. (I personally would leave the vacuuming for as long as I could! The residual insecticide will carry on working for months if not vacuumed.)
4. DO sleep in all beds in the house. Even if there have been no bed bugs seen in a bedroom, someone still needs to sleep in the beds at least every third night for at least 3 weeks. This is to draw the bed bugs from their hiding places. If no one sleeps in the beds, the bed bugs will just stay hidden away until someone does sleep in the bed. By this time there will be no insecticide around, especially if you have been cleaning, and the lifecycle of the bed bug and your bed bug nightmare could start again months down the road! So please make sure you sleep in all beds in the property.
5. DO NOT use any shop or internet bought bed bug treatments or insecticidal smoke bombs, powders, sprays, aerosols after the treatment. These will just contaminate our chemicals and may make the treatment fail.
6. Have faith in the state of the art chemicals and the Pest Interceptors knowledge, that's what you are paying us for after all! So please be patient whilst the treatment does what it needs to do, and have faith in the decision you made to use the Pest Interceptors to cure your bed bug problem. It was a great decision.